



Viswambhara Educational Society

VAAGDEVI INSTITUTE OF PHARMACEUTICAL SCIENCES

Affiliated to Kakatiya University, Approved by PCI-New Delhi, AICTE, New Delhi

P.O. BOLLIKUNTA, WARANGAL- 506 005 (Telangana State)

3.4.1

Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.

S.No	Name of the Activity	Date
01	Awareness Program on Oral Health	20-03-2023
02	World Anemia Awareness Day	13-02-2023
03	Awareness on Child Abuse for School Children	22-09-2022
04	Awareness Program on Menstrual Hygiene	26-08-2022
05	Blood Donation Camp	25-03-2022
06	Awareness Program on Physical Fitness	25-02-2022
07	Awareness Program on Education	04-10-2021
08	Awareness Program on Hand Wash	28-08-2021
09	Awareness on Communicable Diseases	30-06-2021
10	Free Distribution of Masks and Sanitizers	05-03-2021
11	Awareness Program on National Immunization	10-02-2020
12	Medical camp	12-01-2020
13	Swachh Bharath	08-11-2019
14	Free eye checkup	03-10-2019
15	Enriching Technical Skills for School Children	10-07-2019
16	Awareness On Sun Stroke	03-03-2019
17	Literacy Campaigning	22-01-2019
18	Importance Of Breakfast	04-10-2018
19	Free Dental Checkup	26-07-2018
20	Awareness Program on Self-Defense for Students	10-07-2018



M. N. S.

Principal

Vaagdevi Institute of Pharmaceutical Sciences
Bollikunta, Warangal, Telangana - 506 005.



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P.O. BOLLIKUNTA, WARANGAL- 506 005 (Telangana State)

Date: 19-03-2023

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "AWARENESS PROGRAM ON ORAL HEALTH" in Don Bosco English Medium School, Bollikunta, on 20th March 2023, at 3 Pm.

All the Staff and Students are requested to attend the program and make it successful.

PRINCIPAL

Copy to:

1. All HOD's
2. All Teaching Staff
3. All Non-Teaching Staff
4. Students
5. Notice board

Principal
Vaagdevi Institute of Pharmaceutical Sciences
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Principal
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ACTIVITY REPORT ON AWARENESS ON ORAL HEALTH

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences had conducted a program on “**Awareness on Oral Health**” on 20th March 2023, at Don Bosco E. M. School in Bollikunta. Around 150 Students participated in this event.

- The Students had raised awareness about the importance of oral health, emphasizing its impact on overall wellbeing.
- Promoted the prevention of dental-related problems, which included the adoption of healthy habits such as regular brushing, flossing, and dental check-ups.
- Volunteer Students had explained the daily habits of oral hygiene, which included:
 1. Brush your teeth at least twice a day.
 2. Use fluoride tooth paste and a soft bristled tooth brush.
 3. Floss once daily.
 4. Brush your tongue.
 5. Use an antibacterial mouth wash every day.
 6. If required, visit the dentist regularly.

School Students have actively participated in the program and are assured that they will change their dental hygiene practices.



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NSS volunteers attended the awareness program.



NSS volunteers are raising awareness about **Oral Hygiene** at Don Bosco School.



M. Anurag
Principal
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Date: 10-02-2023

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a program on “**WORLD ANAEMIA AWARENESS DAY**” in Don Bosco English Medium School, Bollikunta, on February 13, 2023, at 3 Pm.

All the Staff and Students are requested to attend the program and make it successful.

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ACTIVITY REPORT ON WORLD ANEMIA AWARENESS DAY

On February 13, 2023, the NSS unit of VIPS Bollikunta organized an awareness campaign on anemia, a condition that is increasing commonly in present times, in young children and pregnant women. Around 30 Students participated in this event.

The faculty and Students explained in detail about the various risk factors, symptoms of anemia, its types, treatment, and prevention.

Anemia is a condition in which there is a reduced RBC number and hemoglobin level in the blood. The symptoms include fatigue, low energy, low physical activity, confusion, breathlessness, etc., mainly due to nutrient deficiencies like iron deficiency, folic acid deficiency, and vitamin B12 deficiency. So healthy foods like green leafy vegetables, beetroot, carrots, nuts, meat, etc. should be consumed regularly, which increases hemoglobin levels in the blood. Anemia results in various complications, like multiorgan failure, which may lead to death.

The schoolchildren were very happy to know all the information, and the school management appreciated our organization for the conduct of the program.


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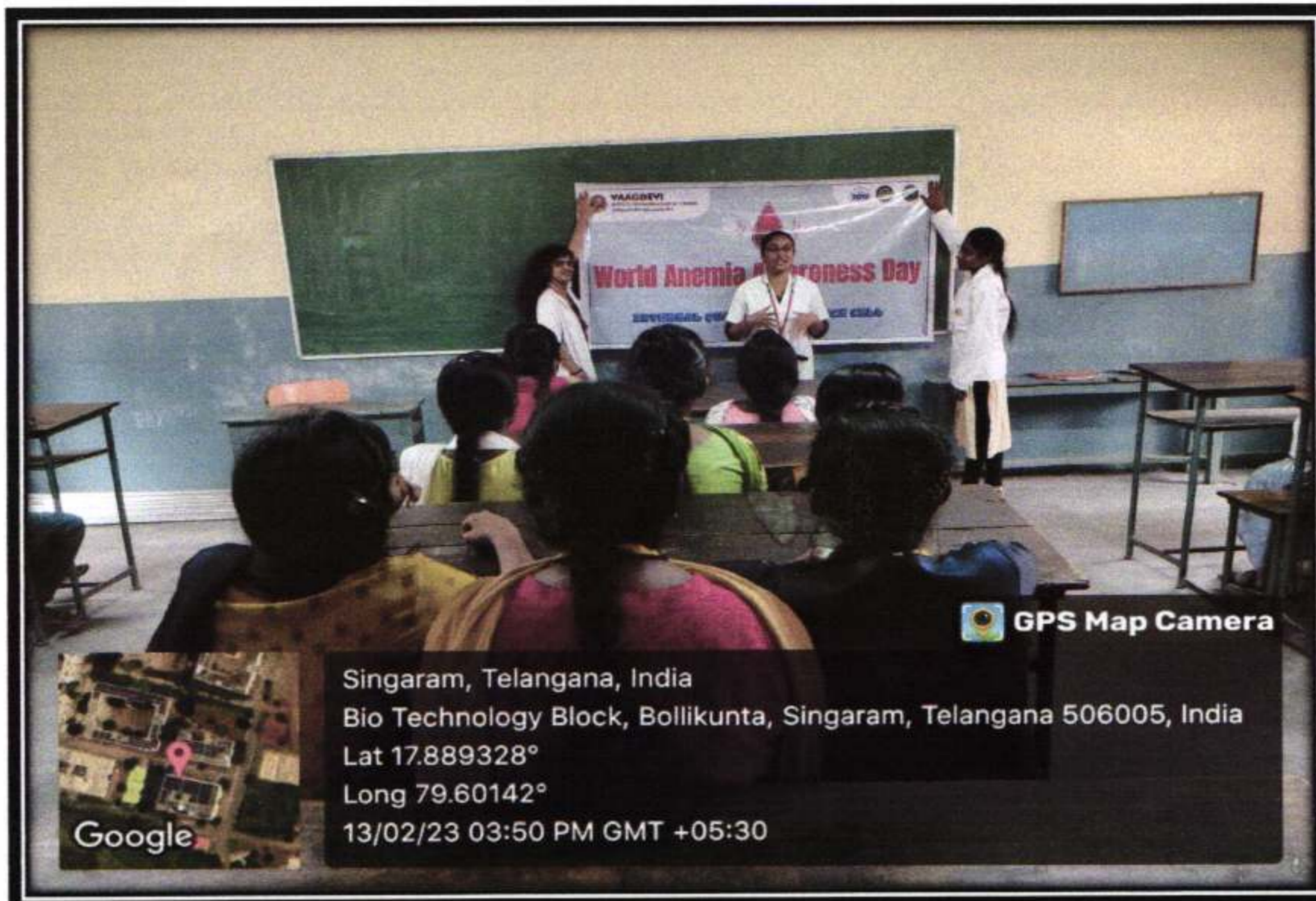


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NSS volunteers explained Types of Anemia and prevention.



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Date: 21-09-2022

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "AWARENESS ON CHILD ABUSE FOR SCHOOL CHILDREN" in Sri Chaitanya Public School, Bollikunta, on 22nd September 2022, at 3 Pm.

All the Staff and Students are requested to attend the program and make it successful.



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ACTIVITY REPORT ON AWARENESS ON CHILD ABUSE


The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences conducted a program on “**Awareness on Child abuse**” on 22nd September 2022, at Chaitanya public School in Bollikunta. Around 70 Students participated in this event.

The main Activities of Child Abuse are as follows:

1. We taught them some body parts are private.
2. Explained them child body boundaries
3. Taught them how to get out of scary or uncomfortable situations
4. Educated the children that no one should take pictures of their private parts
5. Explained to children they will never be in trouble if they tell their body secret to parents and rules apply even with people they know and even with another child

School Students have actively participated in the program and are assured that they will practice the instructions which are given to them.




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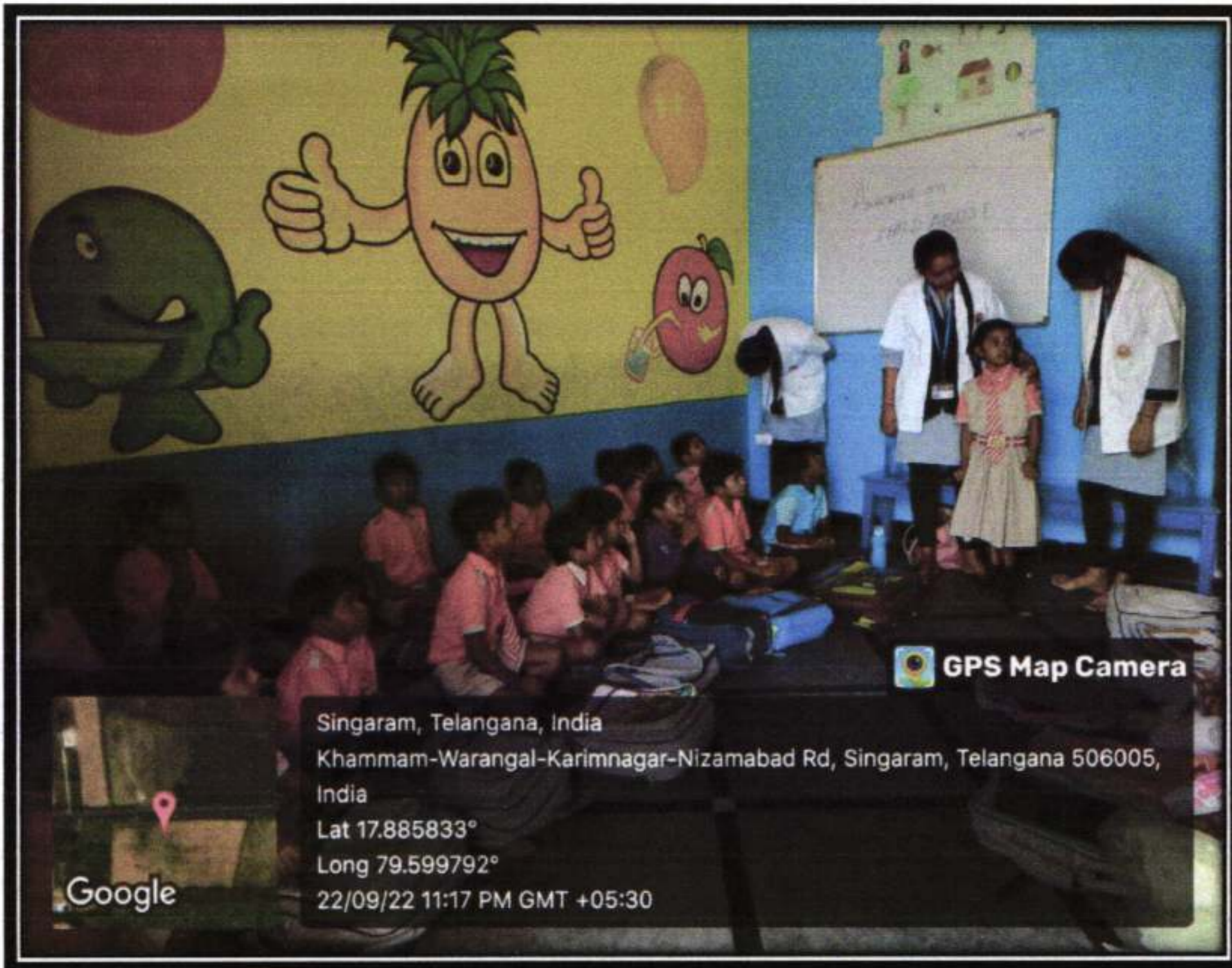


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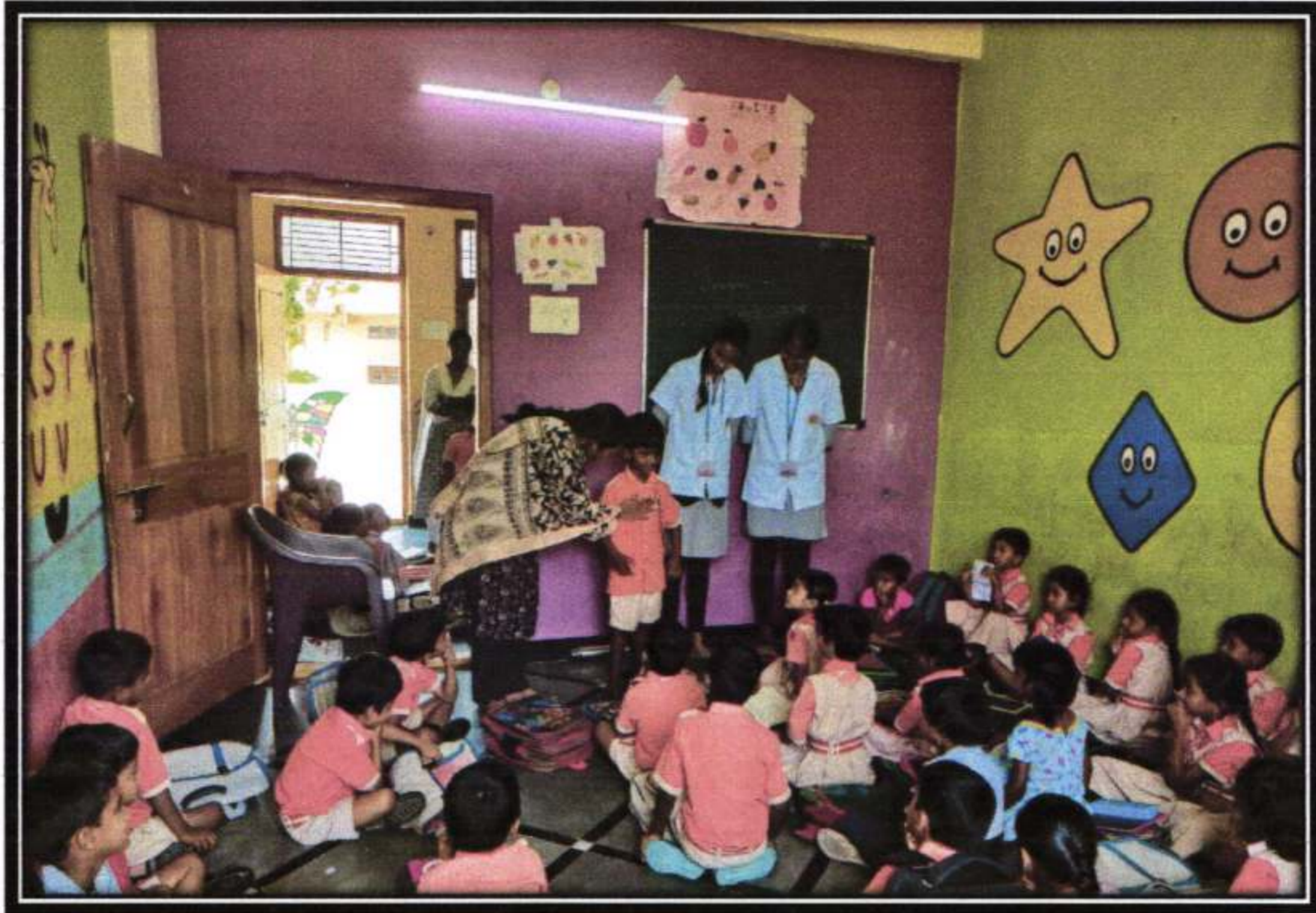
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Faculty and Students explaining about the **Good touch and Bad touch** to the students.




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Date: 24-08-2022

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a **“AWARENESS PROGRAM ON MENSTRUAL HYGIENE”** in Don Bosco English Medium School, Bollikunta, on 26th August 2022, at 3 Pm.

All the Staff and Students are requested to attend the program and make it successful.

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ACTIVITY REPORT ON AWARENESS ON MENSTRUAL HYGIENE

This program was conducted by B.Pharm. 4th year Students at Don. Bosco E.M. School on 26th August 2022. Around 50 Students participated in the program.

On average, a woman will menstruate for 3000 days during her life, but unfortunately, menstruation and menstrual practices are still clouded by taboos and socio-cultural restrictions, resulting in adolescent girls remaining ignorant of scientific facts and hygienic health practices.

An awareness session was conducted in which all associated topics related to menstruation were explained to adolescent schoolgirls, like:

- What is menstruation, calculation of period, physical problems, food to eat during their periods,
- Maintaining personal hygiene during the period, such as washing hands before using menstrual products, discarding used disposable menstrual products, properly wrapping them with toilet paper, tissue, or newspaper, then tossing them in the trash bin and not flushing them down the toilet, changing the sanitary pads every few hours no matter how light or heavy the flow is, wearing light-weight breathable clothing such as cotton underwear, keeping the genital area clean, using only water to rinse the genital area, and
- Drink enough liquids.

The event was a success, and everyone appreciated the opportunity and was aware of menstrual hygiene. Our college principal, NSS in-charge, Staff members, and Students have participated in this program.




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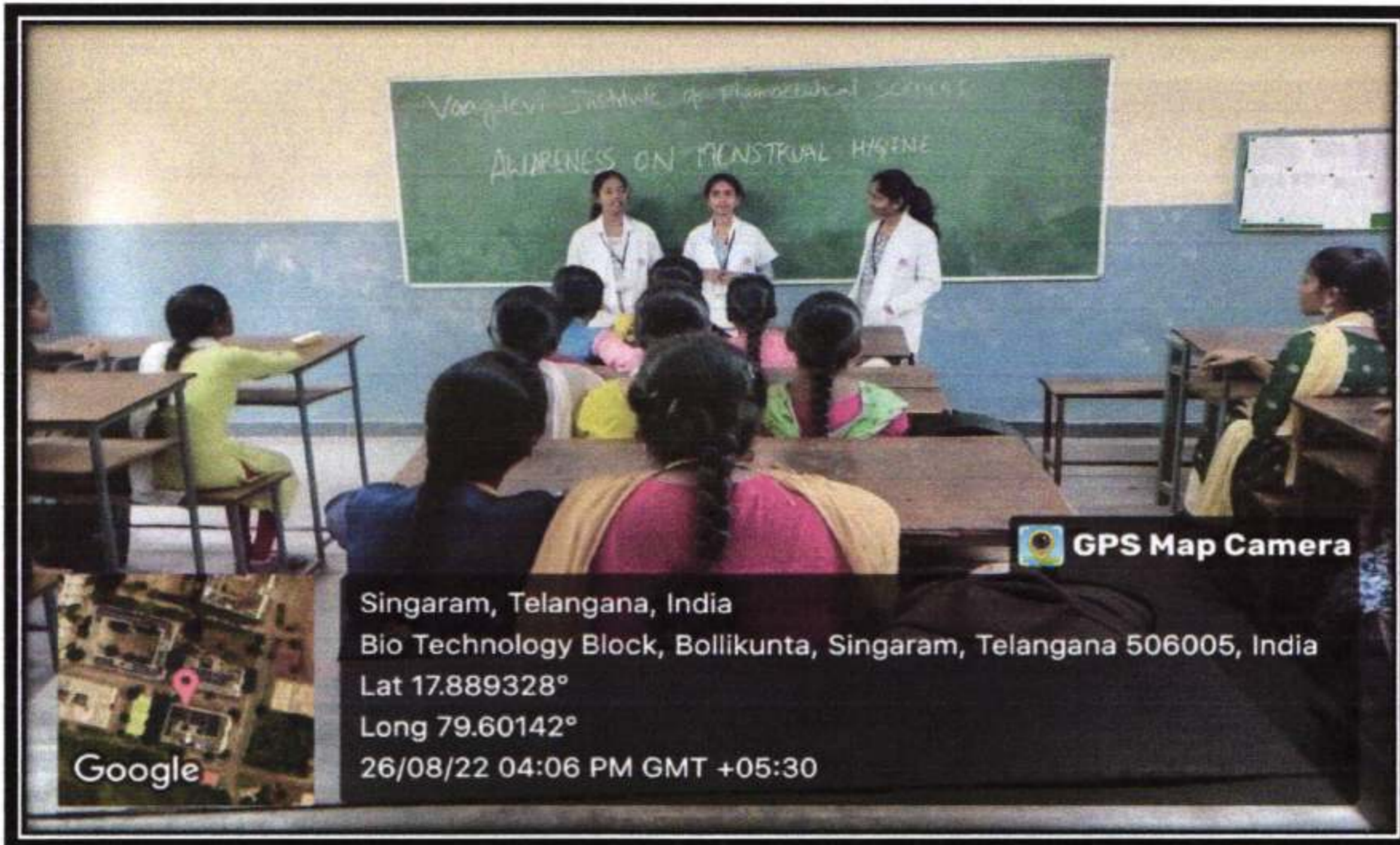


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NSS volunteers are teaching Adolescent girls about Menstrual Hygiene.



Explaining the Proper Disposal of sanitary pads.



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Date: 24-03-2022

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a
“**BLOOD DONATION CAMP**” in our college on 25th March 2022.

All the Staff and Students are requested to attend the program and make it successful.



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ACTIVITY REPORT ON BLOOD DONATION

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences conducted a program on “**BLOOD DONATION**” on 25th March 2022 in Bollikunta. NSS coordinator, Staff members and around 120 Students participated in this event.

A Blood donation camp was organized by our NSS unit, in collaboration with LIONS CLUB and MGM BLOOD BANK through which 103 units of blood was donated by both Students and the Staff members of our college. It is a way of VIPS gesture in bringing a ray of hope to contribute to the serious problems of acutes shortage of blood.

India faces a blood shortage of 3 million units. The problem can be addressed if an additional two percent of Indians donate blood, as opened by the health experts. We need 12 million units of blood every year but just about nine million units are being donated. Our college has been religiously organizing blood donation camps every year and Students and the faculty members come forward voluntarily to donate blood. While addressing to people at the camp our NSS volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood.

Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it.




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Students voluntarily donated the blood and received the certificate as token of gratitude.




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జీ.రవీంద్రబాబు, గౌరవ సర్దులు పొల్చినారు

103 యూనిట్ల రక్తం సేకరణ

వరంగల్ వాయిస్, కాకిబుగ్గ: బొల్లికుంట వాగ్దేవి ఫార్మసీ కళాశాలలో ఎంటీఎం టైల్డ్ బ్యాంక్, లయన్స్ క్లబ్, కళాశాల ఎస్ ఎస్ ఎస్ విభాగం సంయుక్త ఆధ్వర్యంలో శుక్రవారం నిర్వహించిన రక్తదాన కార్యక్రమంలో 103 యూనిట్ల రక్తం సేకరించినట్లు లయన్స్ క్లబ్, హాస్పిటల్ ఆధ్వర్యం క.సుబ్బా తిరిపారు ఈ కార్యక్రమం కళాశాల డైరెక్టర్ ప్రొఫెసర్ జి.సుధుమాదన్ ప్రారంభించారు. రానున్న చోజాల్లో మరికొన్ని కార్యక్రమాలను ఏర్పాటు చేయనున్నట్లు తెల్లడించారు. ఈ కార్యక్రమంలో ఎస్ ఎస్ ఎస్ ప్రొఫెసర్ అమీనర్ డాక్టర్ కె.రత్నాకర్ రెడ్డి, ప్రొఫెసర్ ఎ.రమేష్, ప్రొఫెసర్ ఎం.రాధాకృష్ణన్, ప్రెస్బిటెరియన్, మోటివేటర్ కళ్యాణి, విద్యార్థులు పాల్గొన్నారు.

Staff and Students voluntarily donated 103 units of blood.



[Handwritten Signature]
Principal

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Date: 24-02-2022

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "AWARENESS PROGRAM ON PHYSICAL FITNESS" in Don Bosco English Medium School, Bollikunta, on 25th February 2022 at 3 pm.

All the staff and students are requested to attend the program and make it successful.

PRINCIPAL

Copy to:

1. All HOD's
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ACTIVITY REPORT ON AWARENESS ON PHYSICAL FITNESS

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences conducted a program on “**Awareness on Physical Fitness**” on 25th February 2022, in Don Bosco English Medium School, Bollikunta. NSS Program Officer, staff members, and around 20 students have participated in this program.

NSS Program Officer Dr. K. RathnakarReddy, had addressed the students on importance of the physical fitness and defined health is a basic concept of life that includes the physical, mental, and social well-being of a person. The aim of the program is to make students aware of and sensitize them regarding healthy living, social consciousness, stress management, building self-esteem, developing critical thinking and soft skills, and leading a drug-free life.

The students performed various tasks related to physical fitness, like exercise, sports, meditation, yoga, etc. The active participation of faculty members, student coordinators, and volunteers contributed to the magnification of the success of the program.




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NSS volunteers train physical activities for schoolchildren as part of the **Physical Fitness** program.



M. A. ...
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Date: 01-10-2021

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "AWARENESS PROGRAM ON EDUCATION" in Sri Chaitanya public school, Bollikunta on 04th October 2021.

All the Staff and Students are requested to attend the program and make it successful.


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ACTIVITY REPORT ON AWARENESS ON EDUCATION

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences conducted an “**AWARENESS PROGRAM ON EDUCATION**” on 04th October 2021, in Sri Chaitanya public school, Bollikunta. NSS coordinator, Staff members and around 35 Students participated in this event.

During the program the NSS volunteers had discussed about High-quality education which is a vital instrument for overcoming obstacles and advancing economically and socially backward and isolated areas. Education is a necessary way for delivering a brilliant future and at the same time performs the most significant part in the growth and improvement of the nation. The citizens of the nation are responsible for the greater future and progress of the nation. **Employment and income opportunities Increase in productivity of rural labour force.**

Also explained about how Rural communities can benefit from Education by having more productive workers, increasing their overall income. **Education develops leadership.** Promoted the importance of lifelong learning. To advocate Students to receive the necessary support and resources. How to Lead by example and embody the values of environmental stewardship.

School Students have actively participated in the program and are assured that they will practice the instructions which are given to them.




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NSS volunteers are raising awareness about the **Importance of Education.**



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Students actively listening to the lecture given by the NSS volunteers.



Handwritten signature in green ink.

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Date: 26-08-2021

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "AWARENESS PROGRAM ON HAND WASH" in Don Bosco English Medium School, Bollikunta, on 28th August 2021, at 3 Pm.

All the Staff and Students are requested to attend the program and make it successful.


PRINCIPAL

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ACTIVITY REPORT ON AWARENESS ON HAND WASH

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences conducted a program on “**Awareness on Hand Wash**” on 28th August 2021, in Don Bosco English Medium School, Bollikunta. NSS in-charge, Staff members, and around 20 Students have participated in this program.

Awareness was created among the schoolchildren about the importance of hand washing and its effect in the form of contamination through microorganisms resulting in diarrhea, various sensory infections, and internal organ infections.

Approximately 1.8 million children under the age of 5 die each year from diarrhea and pneumonia. Hence, hand washing with soap could protect about 1 out of 3 young children who get sick with diarrhea. Educated children about how and when to wash their hands, which is a key factor in promoting good health and well-being.

Our students had demonstrated the six steps suggested by the World Health Organization. Firstly, wet your hands and apply soap.

1. Rub your palms together.
2. Clean the backs of each hand.
3. Rub it in between your fingers.
4. Interlock your hand to clean the back of your fingers.
5. Clean both thumbs.
6. Finish by cleaning your fingertips.

The management of Don Bosco English Medium School has appreciated our Students for their active participation.



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NSS volunteers and faculty demonstrating proper Hand washing procedures.



Hand washing awareness at Bollikunta Don Bosco School.



M. A. ...
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Date: 29-06-2021

Circular

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "AWARENESS ON COMMUNICABLE DISEASES" in Bollikunta Village, on 30th June 2021, at 12 am.

All the Staff and Students are requested to attend the program and make it successful.



PRINCIPAL

Copy to:

1. All HOD's
2. All Teaching Staff
3. All Non-Teaching Staff
4. Students
5. Notice Board

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ACTIVITY REPORT ON COMMUNICABLE DISEASES

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences held a session on "AWARENESS ON COMMUNICABLE DISEASES" in the hospital to the patients on 30th June 2021. Participants in this event were the NSS coordinator, Staff members, and about twenty Students.

As per the program, our program was scheduled on June 30 2021. Our destination hospital, we have managed to cover all the departments in the hospital trying to aware the people about prevention of communicable diseases. We conducted surveys and gave some leaflets regarding preventive measures of communicable disease and educated them about maintenance of self-hygiene and their surroundings, which helps for their good health. Our faculty members Dr. T. Prathyusha Rani is the coordinator of our program. Patients and patient care takers had really appreciated our Staff members, for their assistance in seeing this event through to completion.

We are grateful to our principal, Dr. M. Radhakishan, for making this occasion a success.




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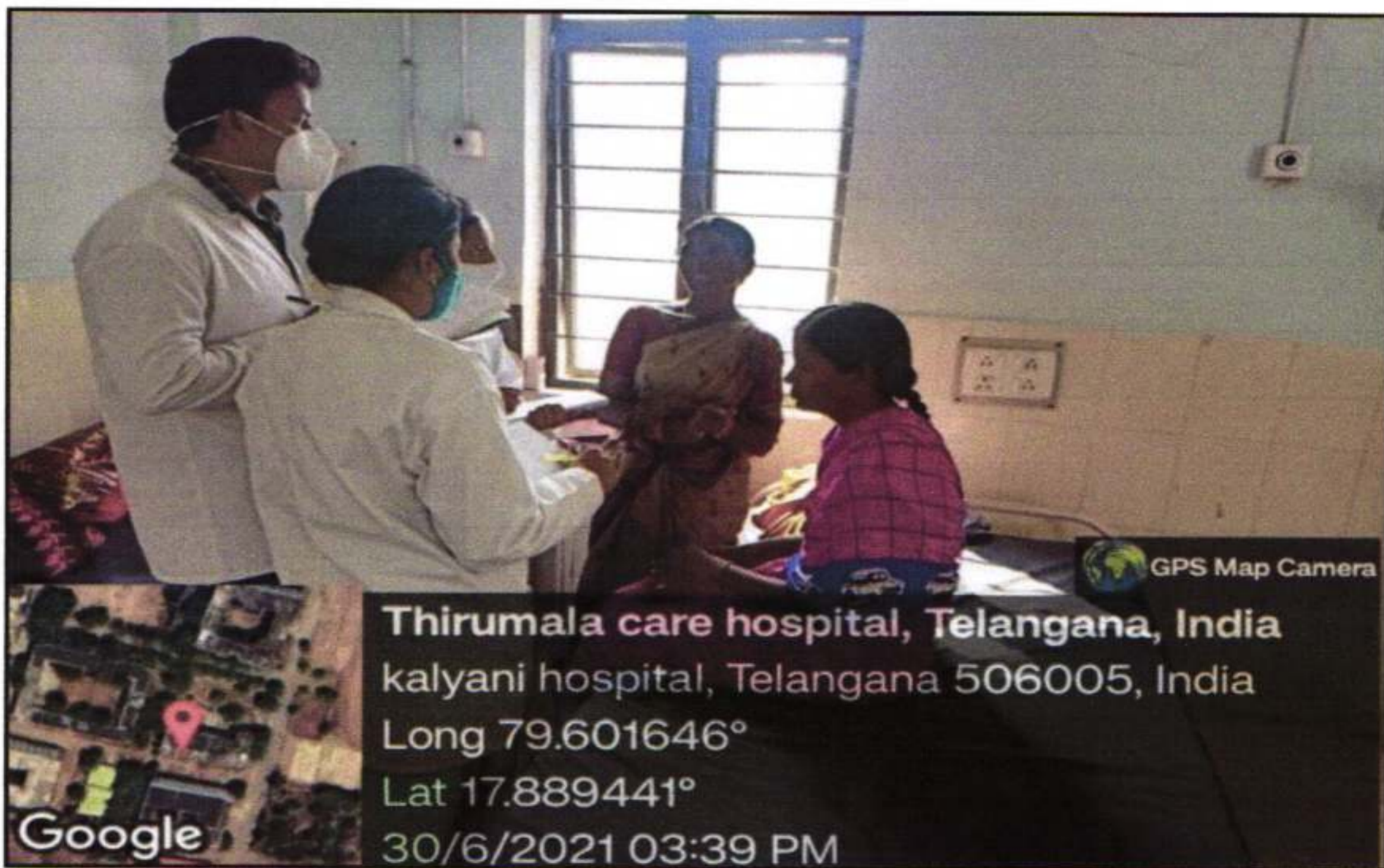
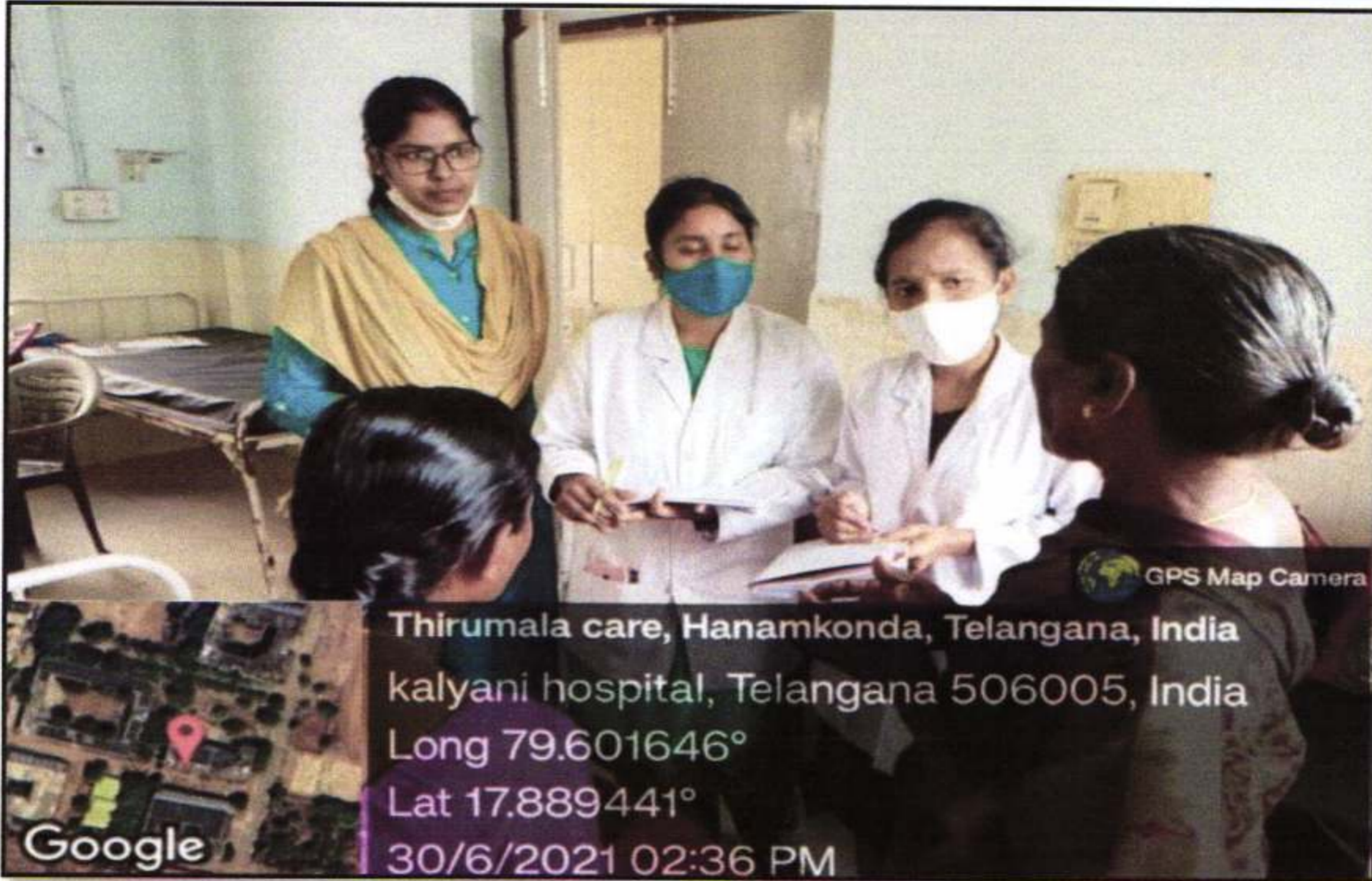


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Faculty, along with Students, are Raising Awareness about Communicable Diseases.



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Date: 04-03-2021

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an **"FREE DISTRIBUTION OF MASKS AND SANITIZERS"** in Bollikunta village on 05th March 2021.

All the Staff and Students are requested to attend the program and make it successful.


PRINCIPAL

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1. All HOD's
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3. All Non-Teaching Staff
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REPORT ON FREE DISTRIBUTION OF MASKS AND SANITIZERS

On 05th March 2021, the Vaagdevi Institute of Pharmaceutical Sciences organized the “**Free Distribution of Masks and Sanitizers**” program in Bollikunta. Staff had actively participated in the distribution process. In response to the COVID pandemic, it has become mandatory for each and every person throughout the world to wear masks and use sanitizers for self-protection and to prevent the spread of the infection from one person to another.

Vaagdevi Institute of Pharmaceutical Sciences faculty distributed free masks and sanitizers to the people of the village where most of them are poor and can't afford to buy masks and sanitizers frequently. The program not only distributed but also educated the people on how frequently disposable masks should be changed, how to use and wash reusable masks, steps to wash hands, how often the sanitizers should be used, the quantity of the sanitizers, etc.

The villagers were happy to receive free masks and sanitizers and were thankful to the organizers



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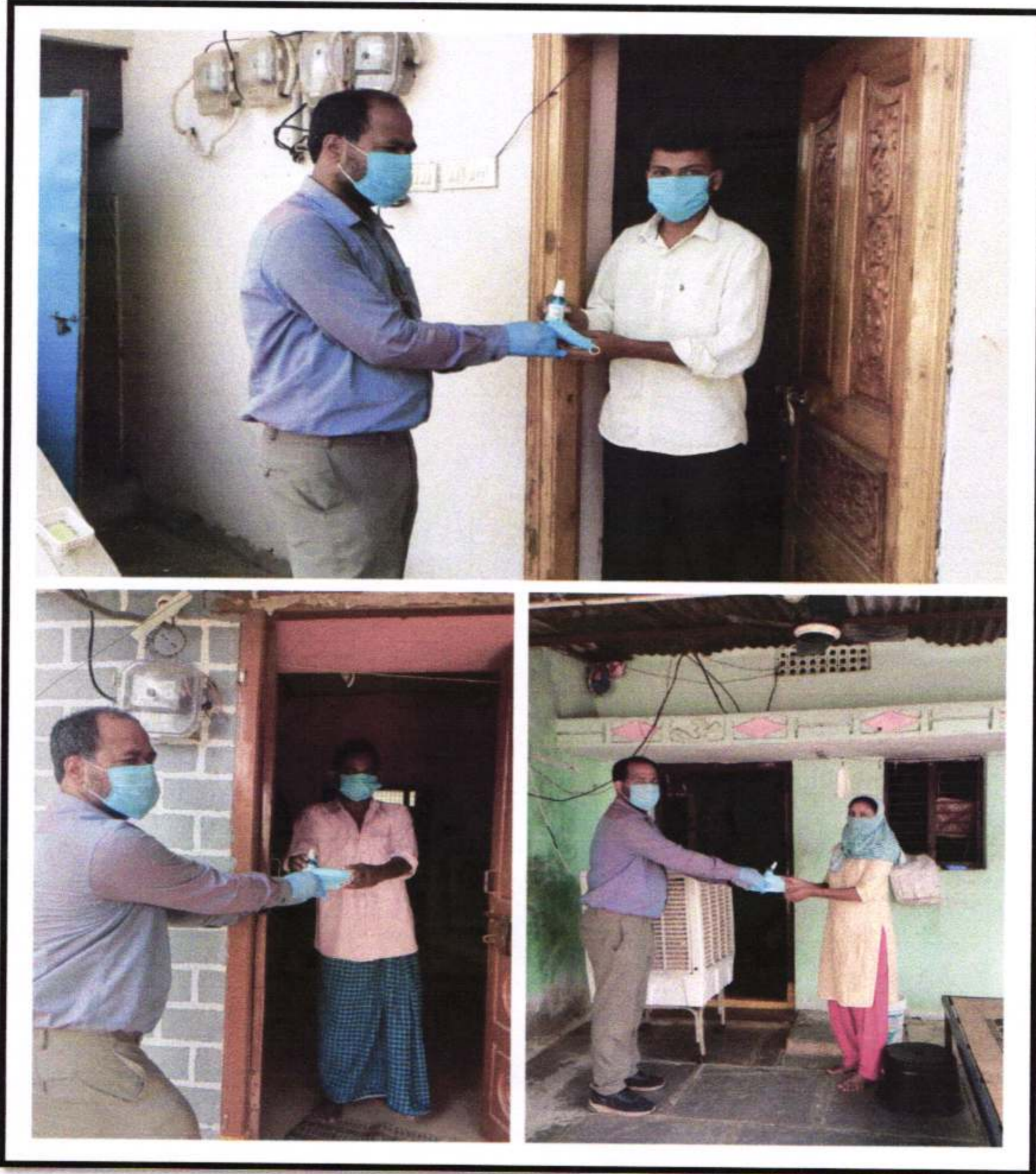


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Faculty of VIPS Distributing free masks and sanitizers in the village.




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Date: 08-01-2020

Circular

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a "MEDICAL CAMP" in Bollikunta village, on 12-01-2020 at 11.00 am.

All the Staff and Students are requested to attend the program and make it successful.

PRINCIPAL

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1. All HOD's
2. All Teaching Staff
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ACTIVITY REPORT ON MEDICAL CAMP

NSS Unit of Vaagdevi Institute of Pharmaceutical Sciences has conducted a **MEDICAL CAMP** in Bollikunta on 12-01-2020 to 28-01-2020. Our Director, Principal, NSS volunteers, Staff and around 40 students of our college have participated in this program.

The program focused on developing awareness and importance of regular screening of vitals as primary preventive measure for a healthy and happy life. The vitals included measuring blood pressure, body weight, body mass index, pulse rate, etc. and also arranged patient counselling. The regular check-ups to identify disorders like hypertension, diabetes, obesity has become so important to prevent the complications which in turn becomes a burden physically and economically.

Most of the residents of Bollikunta village had actively participated to know about their health status and enquired their doubts and got clarified.




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Prof. Y. Madhusudhan garu addressing the students regarding the **Medical Camp**.



NSS volunteers performing various **Blood tests** for villagers.



Ma
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Date: 07-02-2020

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "AWARENESS PROGRAM ON NATIONAL IMMUNIZATION" in Don Bosco English Medium School, Bollikunta on 10th February 2020 at 3 pm.

All the Staff and Students are requested to attend the program and make it successful.

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ACTIVITY REPORT ON AWARENESS PROGRAMME ON NATIONAL IMMUNIZATION

On 10th February 2020, an "Awareness Program on National Immunization" was held by the Students of Vaagdevi Institute of Pharmaceutical Sciences, faculty members, of NSS Unit and raised an awareness among the Students of Don Bosco E.M. School, Mariapuram, Bollikunta, Warangal. The purpose of the program is to sensitize the students about the importance of **immunization**, as it is a process of improving the resistance power of the body through vaccination to fight against deadly infectious diseases like hepatitis, pneumonia, etc.

The session included the following topics:

- Introduction to immunization
- The importance of immunization
- Diseases prevented by immunization
- Immunization schedule
- Place of immunization
- Common side effects of immunization
- Care of side effects
- Conditions to avoid vaccination

The B. Pharm final years and Pharm. D. Students have given a good talk regarding vaccination awareness. Students actively participated in the program.




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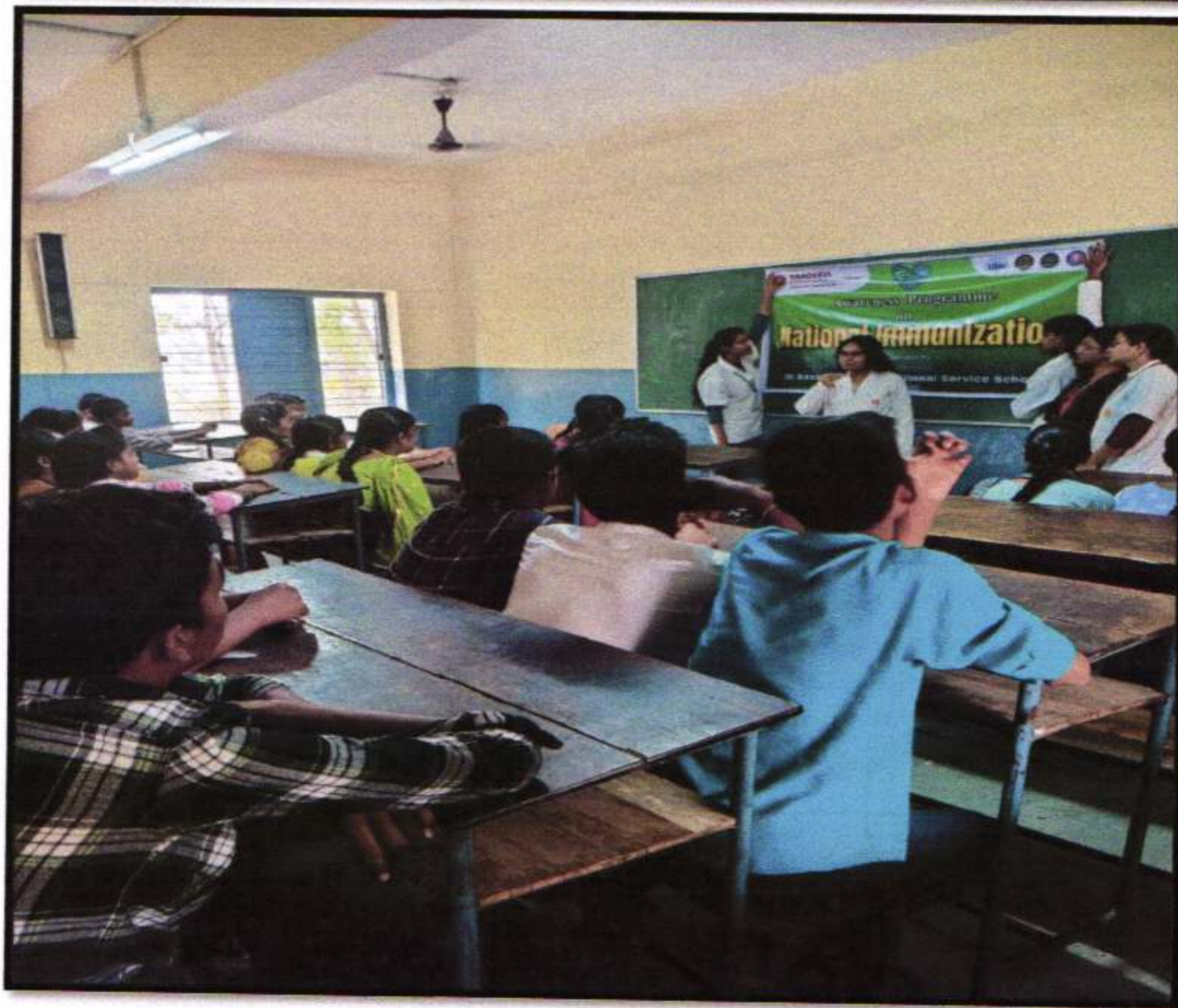


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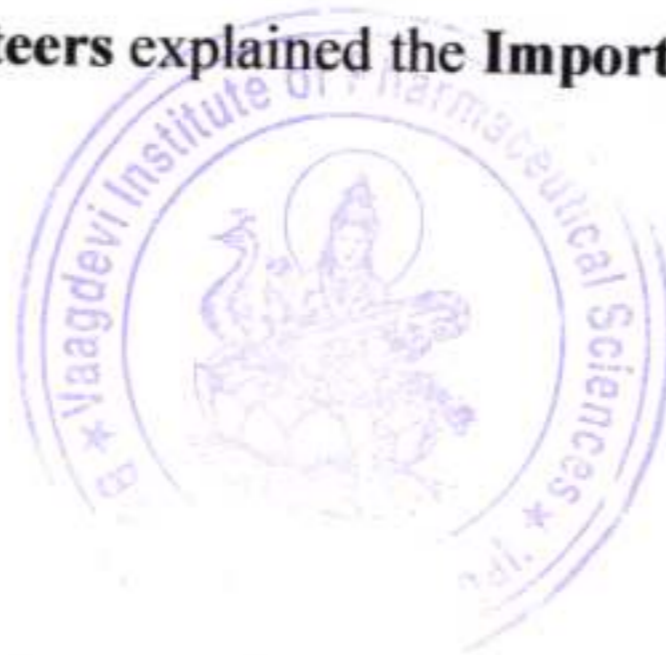
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NSS volunteers explained the Importance of Immunization.




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Date: 06-11-2019

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a programme on "SWACHH BHARATH" in Mandal Parishath Pradhamika Patashala, Bollikunta on 08th November 2019.

All the Staff and Students are requested to attend the program and make it successful.

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ACTIVITY REPORT ON SWACHH BHARATH

Vaagdevi Institute of Pharmaceutical Sciences conducted the “Swachh Bharath” program on November 8, 2019 in Mandal Parishath Pradhamika Patashala, Bollikunta, with the help of NSS volunteers. The program highlighted the importance of keeping the surroundings clean and tidy. It emphasized the development of negative effects if the surroundings are not kept clean. It also focused on the fact that stagnant water and trash lead to mosquito growth. The effects, like the development of different types of fevers, infections, and breathing problems, were explained.

The NSS volunteers, around 30 Students, actively participated and enjoyed cleaning the surroundings of the Mandal Parishath Pradhamika Patashala.

The school administration appreciated and encouraged the students to continue to do such activities.



M. N. S.
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Swachh Bharath Abhiyanat Mandal Parishath, PradhamikaPatashala, Bollikunta



NSS volunteers are Cleaning the school premises as part of Swachh Bharath.



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Date: 01-10-2019

Circular

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an
“FREE EYE CHECK UP” in Bollikunta, Warangal, on 03rd October 2019, at 11.00am.

All the Staff and Students are requested to attend the program and make it successful.

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ACTIVITY REPORT ON FREE EYE CHECK UP

Vaagdevi Institute of Pharmaceutical Sciences and NSS Cell conducted a program on “FREE EYE CHECK UP” on 03rd October 2019. Around 70 Students participated in this program.

Eyes are the windows of the soul. Eyes play a vital role in our day-to-day lives and are perhaps the most precious gift we have. With this concern, the NSS cell coordinator organized a one-day Free Eye Check-up Camp in Bollikunta.

Optometrists conducted the following tests:

1. Eye Testing using Snell’s Chart
2. Colour Vision Test

The camp seemed to be helpful in taking precautionary measures so as avoid eye related problems and also suggested to do the needful. Altogether 60 people reaped the benefit of this camp.




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Free Eye Check-up in Bollikunta.



M. K. Menon
Principal
Vaagdevi Institute of Pharmaceutical Sciences
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Date: 08-07-2019

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a programme on “ENRICHING TECHNICAL SKILLS FOR SCHOOL CHILDREN” in Don Bosco English Medium School, Mariampuram, Bollikunta. 10th July 2019.

All the Staff and Students are requested to attend the program and make it successful.


PRINCIPAL

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1. All HOD's
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4. Students
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ACTIVITY REPORT ON ENRICHING TECHNICAL SKILLS IN SCHOOL

Technical skills in today's competitive world have become very important for a normal life and great career opportunities in the future for every child. To create awareness of technical skills among the schoolchildren of Don Bosco E.M. School, Mariapuram, Bollikunta, Warangal, and Vaagdevi Institute of Pharmaceutical Sciences Students, with the support of faculty members and around 30 Students have together conducted a program on "Enriching Technical Skills in School" on 10th July 2019.

NSS volunteers had explained the basics of the computer along with MS Office to the school children and gave a lecture mentioning that in this digital world, learning about technology has become a lifelong and essential need for everyone. Technical skills are skills to improvise with the use of technical or electronic devices like computers and phones, which have become a major source for online learning through various apps.

The essential skills to learn include reading, listening, writing, communication, creativity, critical thinking, digital literacy, decision-making, problem solving, interpersonal relationship skills, etc. Such a type of learning not only increases the knowledge and skills of the children but also makes them fit to face any kind of challenge in this digital era.

The Students showed great interest as it was a technical session and they are fond of electronic devices. Directing them in childhood in a proper way has a great advantage.



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Date: 21-01-2019

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a program on "LITERACY CAMPAIGNING" in Bollikunta village, on 22nd January, 2019.

All the Staff and students are requested to attend the program and make it successful.


PRINCIPAL


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Promoting literacy by NSS Volunteer.



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Date: 03-10-2018

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an "IMPORTANCE OF BREAKFAST" in Sri Chaitanya public school, Bollikunta on 04th October 2018.

All the Staff and Students are requested to attend the program and make it successful.

J. Gnath
PRINCIPAL

Copy to:

1. All HOD's
2. All Teaching Staff
3. All Non-Teaching Staff
4. Students
5. Notice board

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Vaagdevi Institute of Pharmaceutical Sciences
Bollikunta, Warangal, Telangana - 506 005.

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Principal
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ACTIVITY REPORT ON IMPORTANCE OF BREAKFAST

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences conducted a program on "**Importance of Breakfast**" on 04th October 2018, in Bollikunta. NSS coordinator, Staff members and around 81 students participated in this event.

Our faculty members discussed throughout the program, why breakfast is sometimes referred to as "the most important meal of the day." Breakfast breaks the overnight fast, as the name implies. It provides other vital nutrients needed for optimal health and refills your supply of glucose to increase alertness and energy.

A hearty breakfast is a terrific method to replenish the body's energy. Students who eat breakfast are more likely to be physically active and to eat better overall, both of which are excellent strategies to support maintaining a healthy weight. Students who skip breakfast may experience fatigue, restlessness, or irritability, which might affect their overall performance in their academics.

School students have actively participated in the program and are assured that they will practice the instructions which are given to them.



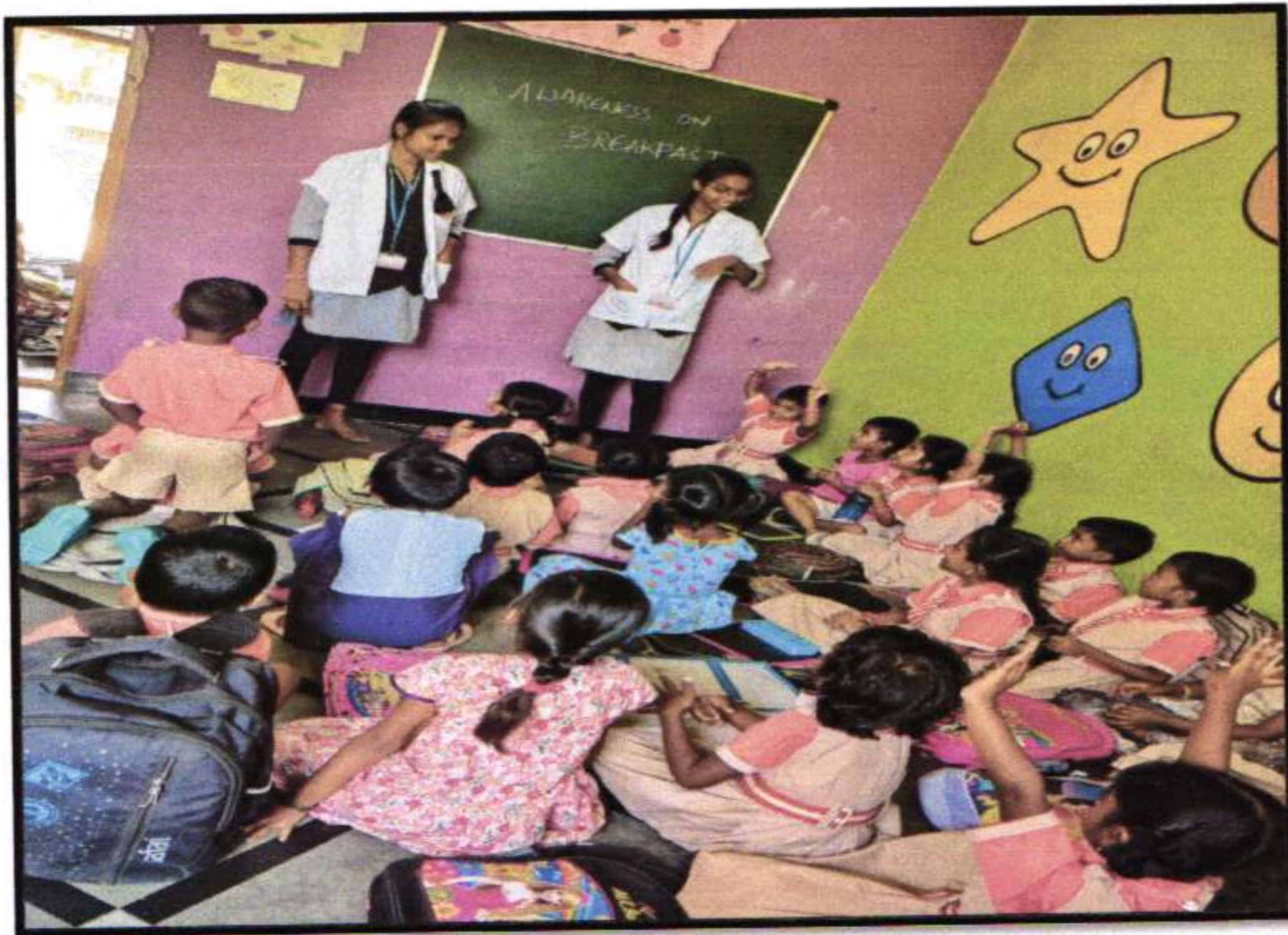

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NSS volunteers are raising awareness about the **Importance of Breakfast.**



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Date: 25-07-2018

CIRCULAR

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing a program on "FREE DENTAL CHECK-UP" in Bollikunta village, on 26th July 2018.

All the Staff and Students are requested to attend the program and make it successful.


J. Gnath
PRINCIPAL

Copy to:

1. All HOD's
2. All Teaching Staff
3. All Non-Teaching Staff
4. Students
5. Notice board

Principal
Vaagdevi Institute of Pharmaceutical Sciences
Bollikunta, Warangal, Telangana - 506 005.

Ran
G
rephanta
W
SP



MDC
Principal
Vaagdevi Institute of Pharmaceutical Sciences
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ACTIVITY REPORT ON FREE DENTAL CHECK-UP

"A genuine smile comes from the heart, but a healthy smile needs good dental care." Vaagdevi Institute of Pharmaceutical Sciences in association with Vinayaka Dental Hospital, organized a free dental check-up and awareness camp in Bollikunta village.

Dr. V. Hareesh with his team had addressed the topic of good oral hygiene and suggested ways to maintain it. He explained the goals of a dental check-up and conducted a free dental check-up. At the dental check-up, the dentist examined the gums and teeth. If there are any cavities that are being formed, the dentist was given advice for cavity removal. Later, check for tartar or plaque, that is formed on the teeth and gave advice for removal.

Approximately 100 people came for the dental check-up. Students and faculty also involved. Doctors advised them to brush twice a day and visit the dentist twice a year. Because only a dentist will see and understand the oral and dental issues that have formed in your mouth. The dentist's thorough examination will identify any types of decay that are present. And those won't be visible until they become severe and cause pain until they reach an advanced stage. For the well treatment of oral health issues, the sooner the problem is found, the better it can be managed.




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Dr. V. Hareesh conducting **Oral Examination** in Bollikunta village.



M. N. S. Principal
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Date: 09-07-2018

Circular

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences is organizing an
“**AWARENESS PROGRAM ON SELF-DEFENSE FOR SCHOOL CHILDREN**” in Don
Bosco English Medium School, Bollikunta, on 10th July 2018, at 3 Pm.

All the Staff and Students are requested to attend the program and make it successful.

PRINCIPAL

Copy to:

1. All HOD's
2. All Teaching Staff
3. All Non-Teaching Staff
4. Students
5. Notice board

Principal
Vaagdevi Institute of Pharmaceutical Sciences
Bollikunta, Warangal, Telangana - 506 005.



Principal
Vaagdevi Institute of Pharmaceutical Sciences
Bollikunta, Warangal, Telangana - 506 005.



Viswambhara Educational Society

VAAGDEVI INSTITUTE OF PHARMACEUTICAL SCIENCES

Affiliated to Kakatiya University, Approved by PCI-New Delhi, AICTE, New Delhi

P.O. BOLLIKUNTA, WARANGAL- 506 005 (Telangana State)

ACTIVITY REPORT ON AWARENESS PROGRAM ON SELF-DEFENSE FOR SCHOOL CHILDREN

The NSS unit of the Vaagdevi Institute of Pharmaceutical Sciences conducted a program on "Awareness Program on self-defense for school children" on 10-07-2018, in Bollikunta. NSS coordinator, Staff members and around 81 students participated in this event.

Self-defense, a life-saving skill, teaches to be more aware of their surroundings and to be ready for any unexpected situation. Therefore, the training of self-defense is essentially required for everyone to protect themselves from anything that is socially unacceptable behaviour. Through this training, the students are taught to be psychologically and intellectually, strong enough to protect themselves in difficult situations.

On 10-07-2018, the National Service Scheme (NSS) Unit conducted an "Awareness Program on self-defense for students" to educate the students to protect themselves in many unexpected difficult situations. The event was inaugurated by the NSS Unit of VIPS, V. Padmaja, the coordinator, encouraged the girl students to actively participate. The teaching faculty members and 81 students actively participated in this event. The faculty in charge of the NSS Unit presented a vote of thanks to the guests and congratulated the participants. The event was concluded by singing the National anthem.

School students have actively participated in the program and are assured that they will practice the instructions which are given to them.




Principal
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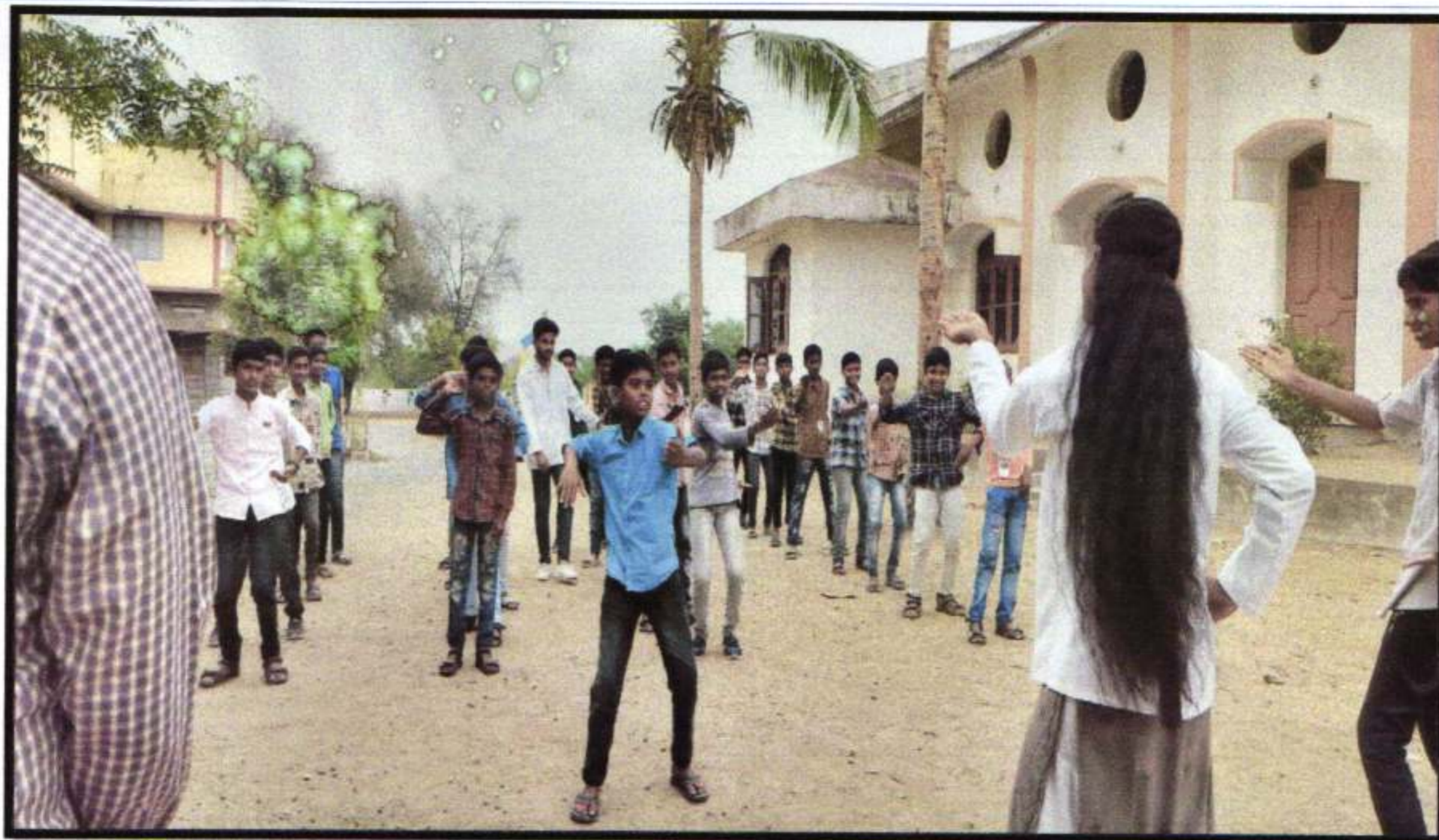


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NSS volunteers are Training the students of Don Bosco E. M School.




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